

## East Valley Resource Listing

<b>Tempe Community Action Agency</b>	2146 E. Apache Blvd. Tempe, 85281 480-422-8922 Assistance available for Tempe and Fountain Hills Residents Only <a href="http://www.tempeaction.org">www.tempeaction.org</a>	<ul style="list-style-type: none"> <li>• <b>Food Boxes</b>  <b>Mon-Fri</b> 9:00am-12:00pm            Tues and Thurs            4:30pm-6:30pm            Twice a month. Photo ID and            proof of address required</li> <li>• <b>Utility Assistance</b>            Call 480-389-1375 Thursday            mornings at 8:00am for an            appointment</li> <li>• <b>Rent Assistance</b>            Call 480-422-8922 for info.</li> </ul>
<b>Tempe Salvation Army</b>	714 S Myrtle Ave Tempe, 85281 480-967-8649 Assistance available for Tempe and Guadalupe Residents only	<ul style="list-style-type: none"> <li>• <b>Food Boxes</b>  <b>Mon- Fri</b>            9am-11am and 1pm-3pm</li> <li>• <b>Utility and Rent Assistance</b>            Appointments are taken by phone            on Monday mornings            at 9am</li> </ul>
<b>Tzu Chi Buddhist Foundation</b>	2145 W. Elliot Rd Chandler 480-838-6556	<ul style="list-style-type: none"> <li>• <b>Food Boxes</b>            Tues., Wed., and Fri.            9:30am -11:30am            1pm-3:00 pm</li> </ul>
<b>Paz De Cristo</b>	424 W Broadway Rd Mesa 85210 480-464-2370	<ul style="list-style-type: none"> <li>• <b>Food Boxes</b>            1<sup>st</sup> &amp; 2<sup>nd</sup> Tuesday and 4<sup>th</sup> Saturday            of each month. Photo ID and            proof of address are required  <b>AZ ID Vouchers</b> Tues. at 1pm  <b>Birth Certificate</b> Wed. at 10am            Call for an Appointment</li> </ul>
<b>Lutheran Social Ministries</b>	142 N Date St Mesa 480-654-4539	<ul style="list-style-type: none"> <li>• <b>Food Boxes:</b> Tues &amp; Thurs            9am-11:15am            Photo ID Required</li> <li>• <b>Utility and Rent Assistance</b>            Appointments are taken by phone only.</li> </ul>
<b>Manna Food Bank</b>	Various Locations Food Boxes	<ul style="list-style-type: none"> <li>• <b>St. Margaret's Church</b>            2435 E McArthur Dr.            480-967-0379            Tues. 5pm-7pm</li> <li>• <b>Chaparral Mobile Homes</b>            400 W. Baseline Rd.            Mon. at 7am</li> <li>• <b>1135 E Main St, Mesa</b>            8am - Wed. and the 3<sup>rd</sup> Sat. of the            Month</li> </ul>

<b>United Food Bank: Help Yourself Program</b>	358 E Javelina Ave Mesa 85210	<ul style="list-style-type: none"> <li>• <b>Fridays</b> 8am-2pm \$16 for a \$ 40 Value in groceries SNAP (Food Stamps) and Cash Accepted</li> </ul>
<b>St. Vincent De Paul</b>	Various Locations 480-966-1974	<ul style="list-style-type: none"> <li>• <b>Food, Rent, and Utility Assistance</b> Please call and leave a message including your name, phone number, and cross streets of your home. A reference in your area will return your call.</li> </ul>
<b>STUFF Thrift Store</b>	756 W. Main St., Mesa 480-649-1288	<ul style="list-style-type: none"> <li>• <b>Food Boxes</b> By appointment only Every Wednesday and 3<sup>rd</sup> Saturday of the month.</li> </ul>
<b>Free Prepared Meals</b>	Various Locations	<ul style="list-style-type: none"> <li>• <b>St. Vincent de Paul</b> Dining Room 67 W Broadway, Mesa Everyday 9:30am-11am</li> <li>• <b>Paz de Cristo</b> 424 W. Broadway Rd. Everyday 5:45pm-6:45pm</li> </ul>
<b>Free Showers</b>	Various Locations	<ul style="list-style-type: none"> <li>• <b>First United Methodist</b> 215 E University, Tempe Mon and Fri 6am-11am</li> <li>• <b>Central Christian Church</b> Meet at Paz De Cristo 8am, 1st and 3rd Sat. of the Month</li> <li>• <b>Cross Point Church</b> 1001 E Southern 1<sup>st</sup> Sat. of the month 7am-12 noon</li> <li>• <b>Paz de Cristo</b> 424 W. Broadway Rd. Wed. 10am-2pm</li> </ul>
<b>Temporary Housing</b>	Various Locations Shelter Hotline 1-800-799-7739 or 602-263-8900	<ul style="list-style-type: none"> <li>• <b>Tempe I-HELP</b> Adults Only</li> <li>• <b>I-HELP INTAKE: Mon – Thurs</b> 9am-2pm Appt. only. 480-422-8922 Ext 5892 2146 E. Apache Blvd</li> <li>• <b>Family Housing Hub</b> 602-595-8700 Mon-Thurs Hours of Operation 8am-4pm</li> <li>• <b>East Valley Men’s Center</b> Men only, call 480-610-6722</li> <li>• <b>Mesa I-HELP</b> Women Only 480-396-3795</li> <li>• <b>Chandler I-HELP</b> Adults Only 480-963-1423</li> </ul>